

Trigonometric Substitutions

Substitutions	
• $u = a \tan \theta$ replaces $a^2 + u^2$ requires $\theta = \tan^{-1}(\frac{u}{a})$ with $-\frac{\pi}{2} < \theta < \frac{\pi}{2}$	
• $u = a \sin \theta$ replaces $a^2 - u^2$ requires $\theta = \sin^{-1}(\frac{u}{a})$ with $-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	
• $u = a \sec \theta$ replaces $u^2 - a^2$ requires $\theta = \sec^{-1}(\frac{u}{a})$ with $\begin{cases} 0 \leq \theta < \frac{\pi}{2} & \text{if } \frac{u}{a} \geq 1 \\ \frac{\pi}{2} < \theta \leq \pi & \text{if } \frac{u}{a} \leq -1 \end{cases}$	

Integrals of Trigonometric Functions	
$\int \sin \theta \, d\theta$	$= -\cos \theta + C$
$\int \cos \theta \, d\theta$	$= \sin \theta + C$
$\int \tan \theta \, d\theta$	$= -\ln \cos \theta + C$
	$= \ln \sec \theta + C$
$\int \cot \theta \, d\theta$	$= \ln \sin \theta + C$
	$= -\ln \csc \theta + C$
$\int \sec \theta \, d\theta$	$= \ln \sec \theta + \tan \theta + C$
$\int \csc \theta \, d\theta$	$= -\ln \csc \theta + \cot \theta + C$

Useful Trigonometry
$\sin^2 \theta + \cos^2 \theta = 1$
$\tan^2 \theta + 1 = \sec^2 \theta$
$1 + \cot^2 \theta = \csc^2 \theta$
$\sin^2 \theta = \frac{1 - \cos 2\theta}{2}$
$\cos^2 \theta = \frac{1 + \cos 2\theta}{2}$
$\tan^2 \theta = \frac{1 - \cos 2\theta}{1 + \cos 2\theta}$
$\sin 2\theta = 2 \sin \theta \cos \theta$
$\cos 2\theta = \cos^2 \theta - \sin^2 \theta$
$= 2 \cos^2 \theta - 1$
$= 1 - 2 \sin^2 \theta$
$\tan 2\theta = \frac{2 \tan \theta}{1 - \tan^2 \theta}$