



# Teal Nation Welcome Access Guide

## About this Guide

This guide is designed to help students navigate Teal Nation Welcome by informing them of what to expect at each event sponsored by the Orientation, Transition, & Family Programs office.

## Full Teal Nation Welcome Schedule

This guide is not a full list of our Teal Nation Welcome events. For a full schedule, please visit the Teal Nation Welcome website or scan the QR code below.



## What Does Each Symbol Mean?



### Large Groups

This event will involve being in a space with a large number of people.



### Movement

This event will involve physical activity such as walking, running, jumping, dancing, or similar movement.



### Social Engagement

This event will involve some amount of socializing with other students, staff, or faculty members.



### Loud Noises

This event will involve activities with auditory stimulation such as loud noises or music.

## Sunday, Aug. 18

### Fresh Start to the Semester



### Mindful Mural Making



## Monday, Aug. 19

### Snow in the Sun



## Thursday, Aug. 22

### Paint It Up



### DIY Game Day Gear



## Tuesday, Aug. 20

### Find Your Classes Tour



### New Student Festivities



## Friday, Aug. 23

### Stuff A Chauncey



## Looking for More Details?

If you would like specific details about the events such as how many people will be present, what type of physical activity can be expected, and the types of social interactions taking place please, refer to the Teal Nation Welcome website for additional information.

## Accessible Alternatives

Throughout the week there will be a space available for students to decompress between events.

Some events on the schedule will have an alternative option for students to participate in a less stimulating environment.

All of these spaces can be found on the Teal Nation Welcome website.

## Questions?

If you have questions regarding this guide please email the Orientation, Transition, & Family Programs office at [orientation@coastal.edu](mailto:orientation@coastal.edu).

