

**COASTAL CAROLINA UNIVERSITY**  
**COURSE REVIEW CHART**  
**ADD-ON FIELD/ ENDORSEMENT: Health Education**

SCDE Requirement and Semester Hours	University Course (Prefix, number, and title)	University Course Description	University Credit Hours
Human Anatomy and Physiology (3 credits)	BIOL 232 Human Anatomy and Physiology (3 Credits)	An introduction to the structure and function of cells, tissues, organs, and the muscular-skeletal systems of the body. Required of students in nursing, pre-pharmacy, and most health-related programs. Not available for major or minor credit. F, S, Su.	3
School Health Program (3 credits)	No course currently approved	(No course currently approved – course <b>must</b> cover PK-12 grade levels)	3
Emergency Preparedness and First Aid (3 credits)	PUBH 235 Advanced Emergency Care and First Aid (3 credits)	This course is designed to prepare the student to respond appropriately when faced with an emergency situation. Emergency Response certification may be earned with a score of 80 percent or better. Physical activity to perform various skills in CPR and First Aid is required.	3
<b>Health Education Electives (selected from at least three areas below):</b>			
Environmental Health (3 credits)	PUBH 333 Environmental Health (3 credits)	Study to provide students with an understanding and appreciation of the complex interaction of humans and the environment, the multi-disciplinary areas of the environmental health sciences and the impact degradation of the environment may have on the health of living organisms. Environmental pollution, its sources, modes of transport and transformation, and methods of prevention are addressed.	3

Food and Nutrition Education (3 credits)	PUBH 304 Nutrition (3 credits)	A study of the metabolic mechanisms and requirements of food groups and nutrients as related to health, various age groups, and physical activity. Special attention is given to risk reduction of chronic disease through proper nutritional health and individual eating practices along with the evaluation of these habits against the guidelines that support good health.	3
Drug Education and Drug-Taking Behaviors (3 credits)	PUBH 340 Drugs in Society (3 credits)	In this course, drug policies and laws as well as contemporary advocacy efforts impacting drug use, abuse, prevention, treatment, and interdiction are examined from a public health perspective. Motivational factors that influence the use of licit and illicit drugs are explored and the psychological, socio-cultural, and pharmacological/biochemical risk factors for abuse or dependence are identified. Systems providing effective drug education, prevention, treatment, and interdiction are also evaluated	3
Family Living and Sex Education (3 credits)	PUBH 310 Issues in Family Life and Sexuality (3 credits)	An overview of problems and questions relative to family life and sex education. Topics include: communication, relationships, intimacy, marriage, parenting, male/ female sexual anatomy, sexually transmitted diseases, contraceptives, and childbirth.	3
Community and Public Health Practices (3 credits)	PUBH 121 Personal and Community Health (3 credits)	An investigation of issues related to improving personal and community health. Emphasis will be on physical fitness, mental health, nutrition, stress management, sexuality, relationships, diseases, and complementary medicine for health-care.	3