## UNIVERSITY RECREATION CLUB SPORTS WEIGHTLIFTING



\$100 travel member per semester \$50 non-travel member per semester

No max



1-2 practices /week (HTC - Fitness Floor)



Equipment provided by URec



All travel is by carpool

Club President - Lillian Young | Iryoung]@coastal.edu

For additional information and registration scan the QR code or go to recreation.coastal.edu.

